

## Looking at Life Quality: Important Info



LQA's are done once every three years. If you want your LQA done sooner than that, you can ask the Area Board for one.



You can say YES to having an LQA done for you.



You can say NO to having an LQA done for you.



You can invite anyone you want to be at your LQA visit.



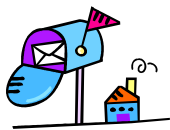
The visitor will talk with you and your Service Coordinator. The visitor may also need to talk to any one who has legal responsibility to make decisions for you. You decide who else the visitor can and can't talk to about your life.



Anything that you want to be private *is* private, unless you tell the visitor that someone is hurting you. We have to tell about that, to help you be safe.



You can write your own LQA! A visitor can show you how to do that. A visitor can also help you write down the things you want to put into your summary.



You will get a copy of your LQA. Your Service Coordinator will also get a copy. If you have someone who has legal responsibility to make decisions for you, that person may get a copy. You decide if anyone else gets a copy.



If you don't agree with what was written down by your visitor or like how you were treated, let us know. It's **YOUR** story, and we want it to be right! If you have a complaint, call the Area Board Director.

*If you want more information, would like to have a visit, or have a complaint, please call us. **Our phone number is 473-6930.***